

Lederman and Lederman, DDS

PATIENT INFORMATION

Juvederm™ Dermal Filler Frequently Asked Questions

BEFORE YOUR FIRST APPOINTMENT

1. Do you know if you have a history of Herpes on your face lips? If so, we need to write you a prescription for Valtrex to prevent an outbreak.
2. Cannot be pregnant or nursing
3. Avoid NSAID's 1 week before procedure
4. Avoid wine/alcohol 1 day before procedure
5. No exercise 24-48 hours after procedure.
6. To help with bruising, we recommend Arnica 30C. Take 30C three times daily and 5 days before appointment. You will continue taking the Arnica 30C once a day after the procedure until all bruising is gone.
7. Can ice your lips for 2-3 days to reduce swelling. Apply 10 min several times a day. **SHOULD I DISCUSS WITH MY DOCTOR BEFORE GETTING TREATMENT WITH JUVEDERM™?**
8. Do you have a history of excessive scarring or pigmentation disorders.
9. Need to also discuss any medications that you are currently taking that can prolong bleeding or therapy used to decrease the body's immune response.

WHAT IS JUVEDERM™?

Juvederm™ injectable gel is a dermal filler that helps to instantly restore your skin's volume and hydration.

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WHAT DOES JUVEDERM™ DO?

Juvederm™ injectable gel temporarily adds volume to tissues and restores a smoother appearance. Juvederm™ is derived through a synthetic process by Allergan, the maker of Botox®. Juvederm™ provides an even volumetric enhancement (plumping) of the lips because it is hydrophilic (attracts water), which helps prevent lumpiness.

HOW IS JUVEDERM™ DIFFERENT FROM OTHER DERMAL FILLERS?

Juvederm™ injectable gel employs its unique manufacturing process to provide the highest concentration of cross-linked hyaluronic acid of any currently available hyaluronic acid dermal filler for long-lasting results. This advanced manufacturing process works to create a smooth consistency gel that flows easily into the skin for a natural look and feel. All other currently approved hyaluronic acid dermal fillers are made of granular consistency gels.

WHAT IS HYALURONIC ACID (HA)?

Hyaluronic acid is a naturally occurring substance found in all mammals in the intra-and extracellular matrices. It helps to hydrate and add volume to your skin. As you age, you start to lose HA which causes the skin to lose structure and volume, contributing to the formation of wrinkles and folds. In addition to its use as an esthetic treatment, hyaluronic acid has also been used for more than 20

years for injection into arthritic joints to aid movement as well as for eye surgeries and wound repair.

WHAT IS CROSS-LINKED HYALURONIC ACID?

'Uncross-linked' hyaluronic acid in its natural form is in a liquid state.

'Cross linking' is the process through which hyaluronic acid is made into a gel product that can be injected into the skin for long-lasting results.

HOW IS JUVEDERM™ INJECTABLE GEL USED IN TREATMENT?

Juvederm™ injectable gel is placed under the skin using a fine needle to temporarily fill in and augment the treatment area. Initially your lips will be swollen. Within 12-24 hours they should look how you would like them to look.

IS THE TREATMENT WITH JUVEDERM™ INJECTABLE GEL PAINFUL?

Injections may cause some discomfort during and after the injection. Dr. Park will numb the treatment area with a topical numbing cream to ensure the most comfortable treatment possible. As the anesthetic takes effect, you are likely to feel numbness and tingling- similar to when a dentist numbs your teeth. In addition, the gel has lidocaine as an ingredient to make the experience more comfortable. Dr. Park will massage the treatment site to make sure the Juvederm™ is properly distributed and the results are even.

DOES THE CORRECTION LAST FOREVER?

No. Correction is temporary; therefore, touch up injections as well as repeat injections are usually needed to maintain optimal results. Less material (about half the amount) is usually needed for repeat injections.

HOW LONG DO RESULTS LAST?

Juvederm™ has a unique formulation that is designed for results that last. In fact, among US patient treated, 78% of those treated maintained the improvement for more than a year after a single treatment.

WHAT ARE THE POSSIBLE SIDE EFFECTS?

Most side effects are mild or moderate in nature, and their duration is short lasting (7 days or less). The most common side effects include, but are not limited to, temporary injection site reactions such as: redness, pain/tenderness, firmness, swelling, lumps/bumps, bruising, itching and discoloration. As with all skin injection procedures, there is a risk of infection.

NOT TO BE USED IN:

Individuals with a known hypersensitivity to hyaluronic acid or lidocaine.

Juvederm™ should not be administered directly after laser treatment, chemical peeling, or dermabrasion.